**Name:**

 **Umpiring Group:**

This template has been designed to provide a framework for umpire-coaches undertaking the Advanced Umpire Coach Accreditation Program to design and record their Coaching Journal – a requirement of the Course**.**

 **How to complete your Coaching Journal:-**

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|  | Insert the Date & training session number  |
|  | Specify the group of umpires for whom your session is targeted  |
|  | List your key coaching focus that you will be emphasising throughout the session.e.g. *“Emphasise the need to straddle the line when the ball is dropping in flight. Ask why. Demonstrate.”* |
|  | List learning outcomes you’d like your umpires to demonstrate by the end of the sessione.g. *“The goal umpires will have been learnt when and where to straddle the goal-line when the ball is dropping in flight.”* |
|  | List all required resources needed for the smooth delivery of your coaching session/s. |
|  | Honest, self-reflection comments should be inserted to assess the success (or otherwise) of each of your coaching sessions. |

**Example:**

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| **Session / Date** | **Group** | **Focus** | **Outcome/s** | **Resources** | **Reflection** |
| 1 – 10 February, 2017 | Goal Umpires – both new and former members | Speed – adjusting positionAppoint mentors to work with new members | The umpires be exposed to drills that require them to alter their positions quickly from ***Behind the Line*** to ***Astride the Line*** and develop an understanding of when and where to move as required.  | **●** Goal area**●** Portable posts**●** Bag of footballs**●** Talcum powder for line marking**●** Cones | * Ran smoothly
* Need more drink bottles
* Use western end next time to avoid setting sun
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| **Session / Date** | **Group** | **Focus** | **Outcome/s** | **Resources** | **Self-Reflection** |
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| **Session / Date** | **Group** | **Focus** | **Outcome/s** | **Resources** | **Self-Reflection** |
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| **Session / Date** | **Group** | **Focus** | **Outcome/s** | **Resources** | **Self-Reflection** |
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| **Session / Date** | **Group** | **Focus** | **Outcome/s** | **Resources** | **Self-Reflection** |
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| **Session / Date** | **Group** | **Focus** | **Outcome/s** | **Resources** | **Self-Reflection** |
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